



# Rockwood Church of Christ

## The Proclaimer

February 24, 2019

P.O. Box 416  
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**Elders:**

Dana Carter  
Kenneth Carter  
Don Chandler

**Deacons:**

Kendall Bear  
Larry Brackett  
Steve McCreary

**Minister:**

Todd Houston

**Secretary:**

Susan Chandler

**Service Times:**

**Sunday**

Bible Study 10 am  
Worship Service 10:45 am  
Worship Service 6 pm

**Wednesday**

Bible Study 7:00 pm

**Email:**

rockwdcc@gmail.com

**Website:**

Rockwoodchurchofchrist.com

## INSTRUCTIONS FOR LIFE

I have done a lot of reading over the years from the famous author anonymous. I came across this list in my file on "life" some time ago. I'm sharing it with you because I liked it and I think you will too. And its Bible based.

Give people more than they expect and do it cheerfully.  
Don't believe all that you hear; spend all you have, or sleep all you want.

When you say, "I love you" mean it.

When you say, "I'm sorry," look the person in the eye.

Never laugh at anyone's dreams.

Don't judge people by their relatives.

Call your Mom.

Say "Bless you" when you hear someone sneeze.

In disagreements, fight fairly. No name calling!

Remember the three R's. Respect for self; Respect for others; Responsibility for all your actions.

Don't let a little dispute injure a great friendship.

When you realize you've made a mistake, take immediate steps to correct it.

Spend some time alone.

Read more books and watch less TV.

Pray. There's immeasurable power in it.

Mind your own business.

Trust in God, but lock your car.

Remember that your character is your destiny.

Think you've got enough to keep you busy the rest of the week?! In case you don't, let me add:

Pay someone you meet a compliment every day. If you're married, make that two people every day!

**Ken Weliever**

# THE LORD'S SUPPER

Besides the fact that we are commanded to partake of this blessed event, we should have the greatest respect for it because Christ Himself instituted this very element of worship. While in the upper room, having His last supper before His death, Jesus took the time to introduce an event that is perpetuated until His return, *“And as they were eating, Jesus took bread, and blessed it, and brake it, and gave it to the disciples, and said, “Take, eat; this is My body. And He took the cup, and gave thanks, and gave it to them, saying, Drink ye all of it; For this is My blood of the New Testament, which is shed for many for the remission of sins” (Matthew 26:26-28).*

The Lord's Supper is often called the Communion because we are in communion with the suffering and death of Christ when we partake. Paul tells us, *“The cup of blessing which we bless, is it not the communion of the blood of Christ? The bread which we break, is it not the communion of the body of Christ?” (I Corinthians 10:16).* We are also in communion with Christ Himself because He is partaking with us, *“But I say unto you, I will not drink henceforth of this fruit of the vine, until that day when I drink it new with you in my Father's kingdom” (Matthew 26:29).*

The Lord's Supper must draw our memory to His death, *“And when He had given thanks, He brake it, and said, Take, eat: this is My body, which is broken for you: this do in remembrance of Me” (I Corinthians 11:24; cf. Luke 22:19).* Therefore, by God's design, we are to be transported in our mind back to the cross on that day. It is as if we are standing at the base of the cross as personal witnesses of His death for us. It is to be a constant reminder of the tremendous price paid for our own personal sins.

The Lord's Supper must always be observed in a worthy manner. To do otherwise is to disgrace our Lord and His death. To do otherwise is to bring guilt upon ourselves. The Corinthian brethren had made a mockery of the Lord's Supper by turning it into a feast. Paul reminded them, *“Wherefore whosoever shall eat this bread, and drink this cup of the Lord, unworthily, shall be guilty of the body and blood of the Lord” (I Corinthians 11:27).* It is a time to examine whether we are partaking the supper in the proper manner, *“But let a man examine himself, and so let him eat of that bread, and drink of that cup” (I Corinthians 11:28).*

The Lord's Supper has a divinely appointed day. We find the first century church meeting on a particular day to “break bread” of this communion, *“And upon the first day of the week, when the disciples came together to break bread, Paul preached unto them, ready to depart on the morrow; and continued his speech until midnight” (Acts 20:7).* This element of worship began with the Christians at Pentecost. *“And they continued steadfastly in the apostles' doctrine and fellowship, and in breaking of bread, and in prayers” (Acts 2:42).* The first century church continued this practice every first day of the week, as is evidenced from **Acts 20:7**. We are warned NOT to miss this assembling together, *“Not forsaking the assembling of ourselves together, as the manner of some is; but exhorting one another: and so much the more, as ye see the day approaching” (Hebrews 10:25).*

The Lord's Supper also serves the purposes of preaching according to Paul, *“For as often as ye eat this bread, and drink this cup, ye do shew the Lord's death till He comes” (I Corinthians 11:26).* Each first day of the week as Christians assemble to partake of the Lord's Supper, they proclaim the Lord's death to the world.

The Lord's Supper deserves the Christian's greatest respect. It was designed specifically by our Lord. Its purpose is twofold: to draw our minds back to the cross and to proclaim His death to the world on a regular basis.

**John D. Cotham**